



Beauty & Wellness

Time for beauty and health.



Skin care products

Place your well-being in our hands and let your soul soar. Exclusive care products combined with select treatment methods make facial & body care a pure enjoyment.

Phytomer – unique cosmetics with active marine ingredients

Only sea water contains 104 trace elements essential for our wellbeing. These are especially important for radiantly beautiful skin and a firm, slim figure. Phytomer has therefore selected concentrates from sea water, marine spring water, algae, and sea mud as the main ingredients for the complete care product line in order to efficiently combat cosmetic problems.

PHYTOMER has been in the service of providing beauty for over 45 years: there is no need to create what nature has already created. Phytomer creates the beauty of the future.

Why you should choose Phytomer products

- Phytomer carefully and respectfully handles resources from the sea
- Phytomer is no. 1 throughout the world in the Thalasso sector
- Unique extraction technique, with which all active ingredients from the sea remain intact
- No animal testing or animal products
- 100 % natural marine and plant ingredients
- In-vitro test on cell cultures
- Dermatologically tested care products (safe and effective)

STYX – natural cosmetics with the power of nature

This natural cosmetic products are created by exclusively using raw plant material from organic farming or rank growth and coldpressed plant oils of the highest quality. Dive into the fountain of youth and treat yourself to an unforgettable experience.

Dr. Grandel – feel the perfection

The combination of selected active components from our nature and innovative high-tech-methods leads to highly effective products with best compatibility and perceptible reliability.

Individual advice and lasting care

As a gift for your loved ones or as care products to take home with you. We can also send you your products by mail. We will put together an individual beauty program for you, and we will be happy to advise you based on your particular skin type.

DR.GRANDEL
KOSMETIK

PHYTOMER

Appointments:

Cosmetics & Beauty:

+43 6432 6715 - 540 or
beauty.palace@johannesbad.com

Wellness & Health:

+43 6432 6715 - 530 or
info.palace@johannesbad.com

Treatments



Basics

Basics	Price
Eyelash Coloring	19,- €
Eyebrow Coloring	16,- €
Eyebrow Shaping	14,- €
Facial Mask	15,- €
Ampoule	15,- €

Facial Massage

ca. 20 min

34,- €

Soothing caresses for the senses. It relaxes facial muscles, strengthens connective tissue, and tightens the skin.

Facial Lymph drainage

ca. 25 min

43,- €

Facial lymph drainage specifically stimulates lymphatic circulation in the face. This promotes the detoxification process. This causes swelling, blockages, and skin irritations to subside more quickly. It has a relaxing and firming effect and relieves stress.

Facial treatments with Phytomer care products

Hydra Blue (Moisture) ca. 60 min 82,- €

Refreshing, tightening and moisturizing treatment

Highly efficient and intensely moisturizing products provide immediately visible results. This application combines a supply of moisture with intense relaxation. The skin will be strengthened, plumped up, and soothed.

With removal of skin impurities ca. 90 min 116,- €

Perfect result in combination with the „perfect regard“ plus 32,- €

Citadine (detox/oxygen) ca. 60 min 82,- €

Comprehensive skin care for city dwellers

Shiny facial areas, a dull complexion, impurities can be easily removed with this treatment. The skin is clarified, detoxified and supplied with oxygen. For a clear, fresh, pore-refining complexion.

With removal of skin impurities ca. 90 min 116,- €

Perfect result in combination with the „perfect regard“ plus 32,- €

Intention Jeunesse ca. 90 min 127,- €

Anti-aging care for wrinkle correction and tightening

It is the answer to the signs of time with extremely effective, marine ingredients for immediately visible results. Double anti-aging effect: fewer wrinkles and firmer skin. This treatment is characterized by its long-lasting effects.

Perfect result in combination with the „perfect regard“ plus 32,- €

Oligoforce Lumière

ca. 90 min 127,- €

For the lightning of pigmented spots and wrinkle reduction

The treatment for transformation of the skin. The objective of this treatment is to combat all skin imperfections: reduction of pigmented spots, smoothing of wrinkles, and a radiant complexion. The comprehensive treatment smooths the skin and with a mechanical and chemical peeling, it optimally prepares it for the application of high-tech ingredients that will follow. With an innovative sheet mask, this treatment will make the skin look even and flawless so that it glows once again.

Perfect result in combination with the „perfect regard“

plus 32,- €

Apaisant – Douceur Marine

ca. 60 min 82,- €

Calming, comfort care for sensitive skin and rosacea

Special products that soothe, repair, and strengthen even the most sensitive, allergy-prone skin. With active ingredients such as marine spring water and coral concentrate, this treatment provides a calming sensation, decreases redness, and strengthens the blood vessels. Sensitive skin will be reduced and the skin's own immune function increased.

Perfect result in combination with the „perfect regard“

plus 32,- €

Perfect Regard

ca. 25 min 43,- €

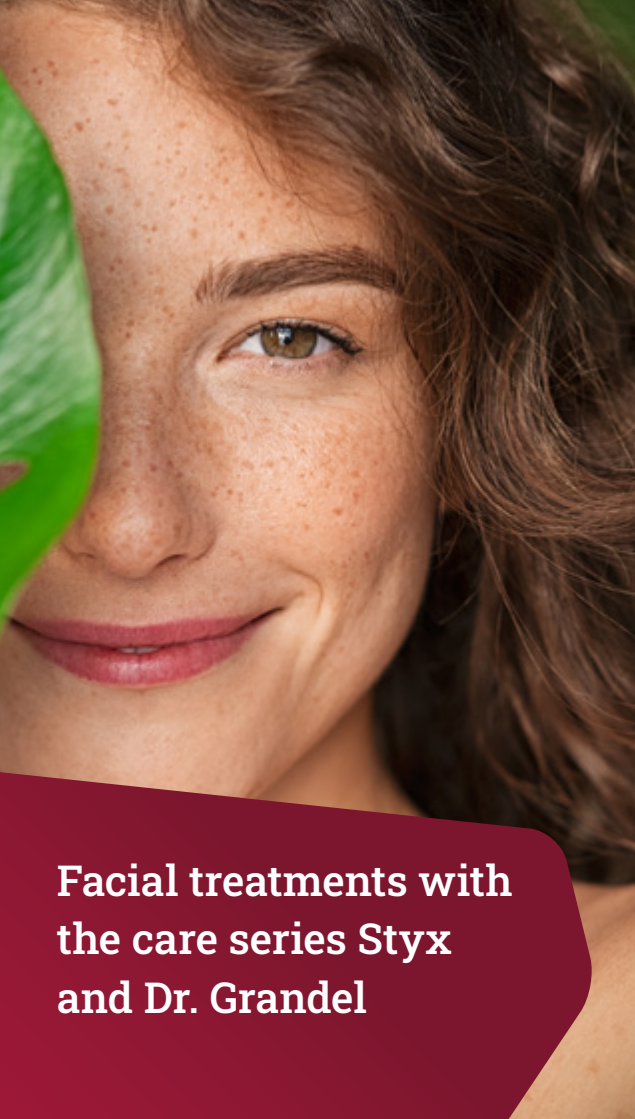
Eye treatment for a radiant look

This expert care for the eye area combines a targeted effect and absolute relaxation. This combination of modelage with smoothing care products delivers immediately visible results. Wrinkles around the eyes will be tightened, and crow's feet, dark circles under the eyes, as well as bags under the eyes will be decreased. This results in a radiant look and a fresh, rejuvenated appearance.

During a facial treatment

32,- €





Facial treatments with the care series Styx and Dr. Grandel

Sample treatment **ca. 25 min** **46,- €**

Cleansing, peeling, facial massage, and application of day care products.

Deep cleansing (only for blemished skin) **ca. 50 min** **67,- €**

Cleansing, peeling, removal of skin impurities, mask, followed by application of day care products.

Special mask for the eye area **ca. 15 min** **15,- €**

Special treatment for rejuvenation of the sensitive eye area.

Elements of Nature **ca. 60 min** **82,- €**

Natural cosmetics to meet the highest demands

The high-quality natural cosmetics line by Dr. Grandel offers natural, competent care for every skin type and condition. Epigran, the multi-active essence made from wheat germ, constitutes the heart of this line. It combines naturalness, tradition and effectiveness like no other active ingredient. „Elements of Nature“ is free of preservatives, parabens, mineral oils, petroleum components, paraffins, silicones, PEG emulsifiers, as well as dyes and synthetic fragrances.

All products of the „Elements of Nature“ series are certified according to ECO Control.

Beautiful hands & feet



Treatment for the hands and feet

Treatments	Price
Manicure followed by nourishing hand bath	37,- €
Pampering care for the hands (exfoliating heat pack)	25,- €
Fingernail/Toenail Polish	10,- €
Pedicure with foot bath and care cream	49,- €
Pampering care for the feet (exfoliating heat pack)	25,- €

Alkaline foot bath

ca. 30 min 39,- €

with foot peeling and care lotion

The secret of health and beauty through alkaline body care is based on centuries of tradition and was already known in ancient Egypt. A soothing alkaline foot bath not only supports the body's own acid and toxin excretion, but also promotes active cell protection and restores the acid-almali balance in the body.

Naildesign & Care

Treatments	Price
Toenail modelage (french or color gel)	44,- €
Pedicure & toenail modelage	71,- €

Depilation

Hair removal with warm wax	Price
Upper lip or chin	from 14,- €
Leg to knee	39,- €
Entire leg	57,- €
Underarm or bikini zone	from 24,- €
Back or chest	from 39,- €





Body treatments with Phytomer care products

Voile de Satin

ca. 25 min 37,- €

Full body peeling with sea salt

Relaxing full-body peeling with natural sea salt crystals. It removes dead skin cells, remineralizes the skin, and moistures the skin. For silky smooth skin on your whole body.

Cocon Marin Minceur

ca. 60 min 87,- €

Detoxifying slimming algae wrap

A long-lasting treatment for detoxifying, firming, and removing fluid. Full-body algae wrap with figure-enhancing, lipid-dissolving active ingredients from the sea to support the removal of toxins, the metabolism of fat and the strengthening of tissues.

Sculpt Zone

ca. 60 min 87,- €

Slimming cellulite treatment

A combined slimming and cellulite treatment with self-heating thermal reduction sea mud with an extremely intensive effect.

Relax Dos

ca. 30 min 45,- €

Relaxing back treatment

A treatment with self-heating sea mud combined with remineralizing and energizing effects. A moment of absolute relaxation.

Body treatments with Styx care products

Honeymoon

ca. 50 min 66,- €

Body peeling + wrap

With the creamy body peeling, your skin will be gently cleansed and perfectly prepared for the treatment that will follow. The body wrap with shea butter and nourishing natural ingredients makes the skin as smooth and soft as satin. Sweet fragrances and natural care products will help you to escape the everyday and invite you to dream.

Body wrapping

ca. 50 min 54,- €

In combination with essential oils and a special stretch wrap, the cellulose gels have a fat-burning, circulation-stimulating, and tissue-firming effect.

With additional upper arm firming

plus 15,- €





Nature baths with Styx care products

Honey milk bath

ca. 20 min 32,- €

Mare's milk helps maintain the protective acid mantle of the skin. It stabilizes the skin's moisture content, increases elasticity, and helps with stress. The skin will look and feel smoother.

Wild berry milk bath

ca. 20 min 32,- €

Goat's milk has a high content of vitamins, is rich in minerals, and provides moisture. High-quality oils nourish the skin and make it soft, smooth, and supple. This pleasantly scented bath with wild berries is perfect for dry skin and provides for well-being.

Honeymoon bath

ca. 20 min 32,- €

The alluring bath salt smells magnificently of ylang ylang and offers an enchanting bath experience. Ingredients such as sea salt, ylang ylang oil, mandarin oil, and orange oil pamper your skin.

Beauty & wellness packages

Body & face for her and him

211,- €

- 1 x Pedicure
- 1 x Manicure
- 1 x Honeymoon body peeling + wrap
- 1 x Facial treatment according to skin type

Slim and beautiful

190,- €

- 1 x Voile de Satin (body peeling)
- 1 x Cocon Marin (detoxifying-slimming algae wrap)
- 1 x Sculpt Zone (slimming cellulite treatment)

Harmony for body and soul

87,- €

- 1 x Honeymoon body peeling + wrap
- 1 x Honeymoon bath



Wellness & health massages

Hot Stone

The Hot Stone Therapy is a fascinating combination of massage, energy work and the soothing effect of warm stones. Through the use of natural lava stones, deep relaxation and warming of the muscles and skin are achieved. Consequently the whole organism is flooded with new vitality and energy. (incl. rest period)

Full Body **ca. 75 min 105,- €**

Classic partial-body Massage

The full body or back massage is used to mechanically influence the skin, connective tissue and musculature by stretching, pulling and pressure.

Back **ca. 25 min 37,- €**

Full Body **ca. 50 min 69,- €**





Alpin Relax **ca. 25 min** **42,- €**

Soothing back massage with arnica oil

Aromatic oil massage **ca. 50 min** **73,- €**

Enjoy a relaxing and soothing full-body massage with ethereal benefits.

Foot reflexology massage **ca. 25 min** **39,- €**

Foot reflexology is a targeted activation of the body's self-healing powers. The gentle stimulation of the corresponding reflex zones is intended to alleviate complaints.

Shoulder & neck massage **ca. 25 min** **37,- €**

Soothing massage to relax the shoulder and neck muscles and release blockages. Also suitable for pregnant women.



Foot and leg massage **ca. 25 min** **42,- €**

With soothing oil, re-energizes tired legs

Partial-body and foot reflexology massage **ca. 50 min** **71,- €**

A combination of 2 massage techniques ensures optimal relaxation.

Lymph drainage

Gentle massage for the body with better drainage of tissue fluid. Optimal for blockages and heavy or overstrained legs (for example after operations).

ca. 25 min **39,- €**

ca. 50 min **73,- €**

Ear candling treatment

ca. 25 min 36,- €

As the candles, which are made out of beeswax, slowly burn, a negative pressure is created in the ear, which allows for pressure regulation and a feeling of release in the head, sinuses, and ear area. The pleasant warmth from the burning of the candle stimulates circulation and lymph flow.

Energie thermal bath (Radon)

ca. 20 min 28,- €

The noble gas radon, which is contained in thermal water, is emitted from water and is absorbed into the body through the respiratory passages and the skin. Here it unfolds its healing effects before it completely breaks down after ca. 3 hours. The body's immune system is stimulated and the natural warmth promotes circulation and treats pain of the musculoskeletal system as well as the skin and respiratory passages.

1st bath = introductory session, after that only with a physician's prescription

Natural fango

Warm, moist volcanic mud that relaxes muscles and tendons. Especially recommended for back and joint pain. The cold treatment is excellently suited for inflammation or bruising on the knees or shoulders.

warm (partial-body) 31,- €

warm (full-body) 38,- €

cold (partial-body) 31,- €



The saltwater grotto.

A visit to the hotel's own saltwater grotto is recommended for everyone. The salt-containing air is beneficial for the skin and respiratory passages.



Wellness & health packages

Natural powers

86,- €

- 1 x Partial-body fango treatment
- 1 x Classic back massage
- 1 x Energy thermal bath

All-around relaxation

96,- €

- 1 x Partial-body fango treatment
- 1 x Classic back massage
- 1 x Foot reflexology massage

Alpine treat

132,- €

- 1 x Full-body fango treatment (warm)
- 1 x Aromatic oil massage
- 1 x Ear candling treatment

Massage-Package

167,- €

5 x Classic back massage (ca. 25 min)

HEALTH IS OUR LIFE.

Appointment for cosmetics & beauty

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Appointment for wellness & health

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Informations

We reserve the right not to perform treatments if the general health condition does not meet the requirements for the respective treatment. Appointments may be changed up to 24 hours prior to treatment. Otherwise the entire price will be charged. The treatment times include the change of clothes, so please arrive in your bathrobe if possible. In case of delay, the treatment time must be shortened accordingly.



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