



# Beauty & Wellness.

Time for beauty and health.

# Skin care products

Place your well-being in our hands and let your soul soar. Exclusive care products combined with select treatment methods make facial & body care a pure enjoyment.

## **Phytomer – unique cosmetics with active marine ingredients**

Only sea water contains 104 trace elements essential for our well-being. These are especially important for radiantly beautiful skin and a firm, slim figure. Phytomer has therefore selected concentrates from sea water, marine spring water, algae, and sea mud as the main ingredients for the complete care product line in order to efficiently combat cosmetic problems.

PHYTOMER has been in the service of providing beauty for over 45 years: there is no need to create what nature has already created. Phytomer creates the beauty of the future.

## **Why you should choose Phytomer products**

- Phytomer carefully and respectfully handles resources from the sea
- Phytomer is no. 1 throughout the world in the Thalasso sector
- Unique extraction technique, with which all active ingredients from the sea remain intact
- No animal testing or animal products
- 100 % natural marine and plant ingredients
- In-vitro test on cell cultures
- Dermatologically tested care products (safe and effective)

## **STYX – natural cosmetics with the power of nature**

This natural cosmetic products are created by exclusively using raw plant material from organic farming or rank growth and cold-pressed plant oils of the highest quality. Dive into the fountain of youth and treat yourself to an unforgettable experience.

## **Dr. Grandel – feel the perfection**

The combination of selected active components from our nature and innovative high-tech-methods leads to highly effective products with best compatibility and perceptible reliability.

## **Individual advice and lasting care**

As a gift for your loved ones or as care products to take home with you. We can also send you your products by mail. We will put together an individual beauty program for you, and we will be happy to advise you based on your particular skin type.





# Treatments

## Basics

EYELASH COLORING	18,- Euro
EYEBROW COLORING	15,- Euro
EYEBROW SHAPING	13,- Euro
FACIAL MASK	14,- Euro
AMPOULE	14,- Euro

FACIAL MASSAGE	ca. 20 min	32,- Euro
----------------	------------	-----------

Soothing caresses for the senses. It relaxes facial muscles, strengthens connective tissue, and tightens the skin.

FACIAL LYMPH DRAINAGE	ca. 25 min	41,- Euro
-----------------------	------------	-----------

Facial lymph drainage specifically stimulates lymphatic circulation in the face. This promotes the detoxification process. This causes swelling, blockages, and skin irritations to subside more quickly. It has a relaxing and firming effect and relieves stress.

## Facial treatments with Phytomer care products

OLIGOFORCE LUMIÈRE	ca. 90 min	123,- Euro
--------------------	------------	------------

FOR THE LIGHTNING OF PIGMENTED SPOTS AND WRINKLE REDUCTION

The treatment for transformation of the skin. The objective of this treatment is to combat all skin imperfections: reduction of pigmented spots, smoothing of wrinkles, and a radiant complexion. The comprehensive treatment smooths the skin and with a mechanical and chemical peeling, it optimally prepares it for the application of high-tech ingredients that will follow. With an innovative sheet mask, this treatment will make the skin look even and flawless so that it glows once again.

### Appointments:

#### Cosmetics & Beauty:

+43 6432 6715 - 540 or  
beauty.palace@johannesbad.com

#### Wellness & Health:

+43 6432 6715 - 530 or  
info.palace@johannesbad.com

Appointments may be changed up to 24 hours prior to treatment. Otherwise the entire price will be charged.

**APAISANT - DOUCEUR MARINE** ca. 60 min 79,- Euro

CALMING, COMFORT CARE FOR SENSITIVE SKIN AND ROSACEA

Special products that soothe, repair, and strengthen even the most sensitive, allergy-prone skin. With active ingredients such as marine spring water and coral concentrate, this treatment provides a calming sensation, decreases redness, and strengthens the blood vessels. Sensitive skin will be reduced and the skin's own immune function increased.

**HYDRA BLUE (MOISTURE)** ca. 60 min 79,- Euro

REFRESHING, TIGHTENING, AND MOISTURIZING TREATMENT

Highly efficient and intensely moisturizing products provide immediately visible results. This application combines a supply of moisture with intense relaxation. The skin will be strengthened, plumped up, and soothed.

**CITADINE (DETOX/OXYGEN)** ca. 60 min 79,- Euro

COMPREHENSIVE SKIN CARE FOR CITY DWELLERS

Shiny facial areas, a dull complexion, impurities can be easily removed with this treatment. The skin is clarified, detoxified and supplied with oxygen. For a clear, fresh, pore-refining complexion.

**INTENTION JEUNESSE (ANTI-AGING)** ca. 60 min 79,- Euro

ANTI-AGING CARE FOR WRINKLE CORRECTION AND TIGHTENING ca. 90 min 123,- Euro

It is the answer to the signs of time with extremely effective, marine ingredients for immediately visible results. Double anti-aging effect: fewer wrinkles and firmer skin. This treatment is characterized by its long-lasting effects.

**PERFECT REGARDS** ca. 25 min 41,- Euro

EYE TREATMENT FOR A RADIANT LOOK

This expert care for the eye area combines a targeted effect and absolute relaxation. This combination of modelage with smoothing care products delivers immediately visible results. Wrinkles around the eyes will be tightened, and crow's feet, dark circles under the eyes, as well as bags under the eyes will be decreased. This results in a radiant look and a fresh, rejuvenated appearance.

During a facial treatment 30,- Euro



## Facial treatments with the care series Styx and Dr. Grandel

**SAMPLE TREATMENT** ca. 25 min 44,- Euro

Cleansing, peeling, facial massage, and application of day care products.

**CACAO POWER TREATMENT** ca. 55 min 77,- Euro

“Chocolate makes you happy”, and it is an absolute energy booster.  
Cleansing, peeling, Vapozon, massage with cacao butter, special cacao-power mask, followed by application of day care products.

**DEEP CLEANSING (ONLY FOR BLEMISHED SKIN)** ca. 50 min 65,- Euro

Cleansing, peeling, Vapozon, removal of skin impurities, mask, followed by application of day care products.

**SPECIAL MASK FOR THE EYE AREA** ca. 15 min 14,- Euro

Special treatment for rejuvenation of the sensitive eye area.

**ELEMENTS OF NATURE** ca. 60 min 79,- Euro

### NATURAL COSMETICS TO MEET THE HIGHEST DEMANDS

The high-quality natural cosmetics line by Dr. Grandel offers natural, competent care for every skin type and condition. Epigran, the multi-active essence made from wheat germ, constitutes the heart of this line. It combines naturalness, tradition and effectiveness like no other active ingredient. Elements of Nature is free of preservatives, parabens, mineral oils, petroleum components, paraffins, silicones, PEG emulsifiers, as well as dyes and synthetic fragrances.

All products of the Elements of Nature series are certified according to ECO Control.

## Treatment for the hands and feet

**MANICURE** followed by nourishing hand bath 35,- Euro

**PAMPERING CARE** for the hands (exfoliating heat pack) 24,- Euro

**FINGERNAIL/TOENAIL POLISH** 9,- Euro

**PEDICURE** with herbal foot bath and care cream 47,- Euro

**PAMPERING CARE** for the feet (exfoliating heat pack) 24,- Euro

**ALKALINE: FOOT BATH WITH FOOT PEELING AND CARE LOTION** ca. 30 min 37,- Euro

The secret of health and beauty through alkaline body care is based on centuries of tradition and was already known in ancient Egypt. A soothing alkaline foot bath not only supports the body's own acid and toxin excretion, but also promotes active cell protection and restores the acid-almali balance in the body.



## Body treatments with Phytomer care products

**VOILE DE SATIN: FULL BODY PEELING WITH SEA SALT** ca. 25 min 35,- Euro

Relaxing full-body peeling with natural sea salt crystals. It removes dead skin cells, remineralizes the skin, and moistures the skin. For silky smooth skin on your whole body.

**RELAX DOS: RELAXING BACK TREATMENT** ca. 30 min 43,- Euro

A treatment with self-heating sea mud combined with remineralizing and energizing effects. A moment of absolute relaxation.

**SCULPT ZONE: SLIMMING CELLULITE TREATMENT** ca. 60 min 85,- Euro

A combined slimming and cellulite treatment with self-heating thermal reduction sea mud with an extremely intensive effect.

**COCON MARIN MINCEUR: DETOXIFYING SLIMMING ALGAE WRAP** ca. 60 min 85,- Euro

A long-lasting treatment for detoxifying, firming, and removing fluid. Full-body algae wrap with figure-enhancing, lipid-dissolving active ingredients from the sea to support the removal of toxins, the metabolism of fat and the strengthening of tissues.

## Body treatments with Styx care products

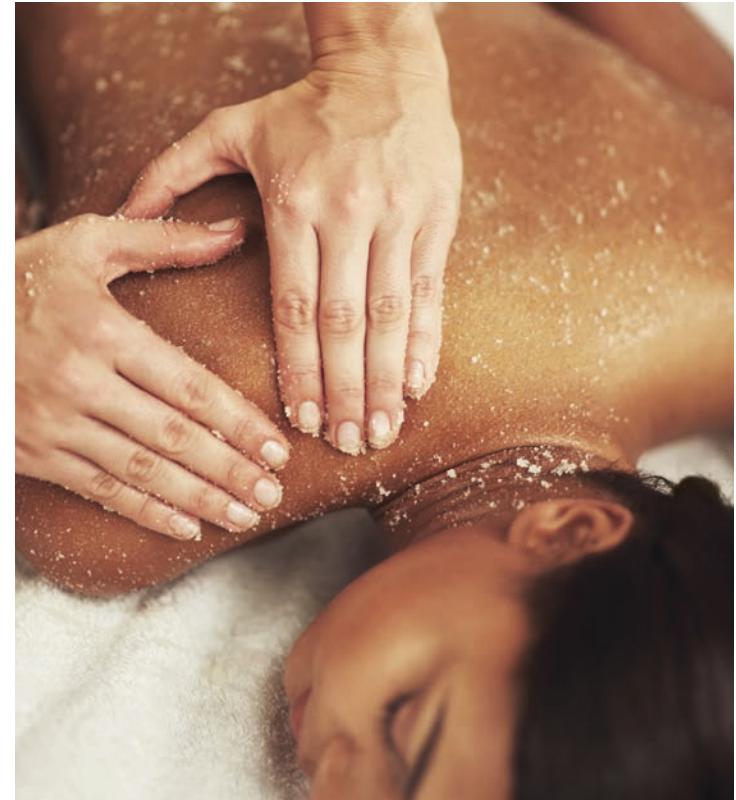
**HONEYMOON BODY PEELING + WRAP** ca. 50 min 64,- Euro

With the creamy body peeling, your skin will be gently cleansed and perfectly prepared for the treatment that will follow. The body wrap with shea butter and nourishing natural ingredients makes the skin as smooth and soft as satin. Sweet fragrances and natural care products will help you to escape the everyday and invite you to dream.

**BODY WRAPPING** ca. 50 min 52,- Euro

In combination with essential oils and a special stretch wrap, the cellulose gels have a fat-burning, circulation-stimulating, and tissue-firming effect.

With additional upper arm firming 14,- Euro



## Nail design

GEL NAILS, NEW SET	87,- Euro
GEL NAILS, REFILL	from 56,- Euro
TOENAIL MODELAGE (FRENCH OR COLOR GEL)	42,- Euro
PEDICURE & TOENAIL MODELAGE	69,- Euro



## Depilation Hair removal with warm wax

UPPER LIP OR CHIN	from 13,- Euro
LEG TO KNEE	37,- Euro
ENTIRE LEG	56,- Euro
UNDERARM OR BIKINI ZONE	from 23,- Euro
BACK OR CHEST	from 37,- Euro

## Soothing baths

The Thalasso bath rituals by Phytomer promote fat metabolism and the removal of toxins, provide for remineralization and have a firming and slimming effect.

<b>OLIGOMER SILHOUETTE BAIN</b>	ca. 25 min	43,- Euro
---------------------------------	------------	-----------

### SLIMMING BATH

Promotes fat metabolism and the removal of metabolic waste products. Increases the effectiveness of slimming creams and provides a feeling of relaxation and well-being.

<b>OLIGOMER PURE BAIN</b>	ca. 25 min	43,- Euro
---------------------------	------------	-----------

### RELAXING BATH WITH 104 TRACE ELEMENTS

Promotes regeneration and has a revitalizing, relaxing and balancing effect. In addition to providing well-being, it leads to improved skin quality and pain reduction and fights fatigue.

## Nature baths with Styx care products

HONEY MILK BATH ca. 20 min 30,- Euro

Mare's milk helps maintain the protective acid mantle of the skin. It stabilizes the skin's moisture content, increases elasticity, and helps with stress. The skin will look and feel smoother.

WILD BERRY MILK BATH ca. 20 min 30,- Euro

Goat's milk has a high content of vitamins, is rich in minerals, and provides moisture. High-quality oils nourish the skin and make it soft, smooth, and supple. This pleasantly scented bath with wild berries is perfect for dry skin and provides for well-being.

ALPINE HERB SALT BATH ca. 20 min 30,- Euro

A mixture of soothing herbs from the Alps and pure mountain salt. The regenerating effect of the bath salt along with the nourishing powers of the Alpine herbs ensure pure relaxation.

HONEYMOON BATH ca. 20 min 30,- Euro

The alluring bath salt smells magnificently of ylang ylang and offers an enchanting bath experience. Ingredients such as sea salt, ylang ylang oil, mandarin oil, and orange oil pamper your skin.



## Beauty & wellness packages

BODY & FACE FOR HER AND HIM 203,- Euro

- 1 x Pedicure
- 1 x Manicure
- 1 x Honeymoon body peeling + wrap
- 1 x Facial treatment according to skin type

SLIM AND BEAUTIFUL 185,- Euro

- 1 x Voile de Satin (body peeling)
- 1 x Cocon Marin (detoxifying-slimming algae wrap)
- 1 x Sculpt Zone (slimming cellulite treatment)

HARMONY FOR BODY AND SOUL 85,- Euro

- 1 x Honeymoon body peeling + wrap
- 1 x Honeymoon bath



# Wellness and health massages

## BEAUTY & WELLNESS

### HOT STONE – ENERGY MASSAGE WITH STONES

Soothing massage with warm basalt stones. The combination of the stones' natural power and a heat treatment calms and relaxes. (incl. rest period)

BACK	ca. 25 min	41,- Euro
FULL BODY	ca. 50 min	75,- Euro

### HOT CHOCOLATE

	ca. 30 min	52,- Euro
--	------------	-----------

From the very beginning, chocolate has been a source of strength and vitality and a valuable nutrient for the skin. Cacao has proven to be a natural preservative of cells. This treatment offers a pampering experience with high-quality nourishing components. The feel of warm chocolate on the skin harmonizes the senses and will make you forget your everyday worries. (incl. rest period)



## HEALTH MESSAGES

### CLASSIC PARTIAL-BODY MASSAGE

The full body or back massage is used to mechanically influence the skin, connective tissue and musculature by stretching, pulling and pressure.

BACK	ca. 25 min	35,- Euro
FULL BODY	ca. 50 min	67,- Euro

### ALPINE RELAX

Soothing back massage with arnica oil

	ca. 25 min	40,- Euro
--	------------	-----------

### AROMATIC OIL MASSAGE

Gentle full-body massage with warm oils

	ca. 50 min	71,- Euro
--	------------	-----------

### FOOT AND LEG MASSAGE

With arnica oil, re-energizes tired legs

	ca. 25 min	40,- Euro
--	------------	-----------

### SHOULDER & NECK MASSAGE

Soothing massage to relax the shoulder and neck muscles and release blockages.

	ca. 25 min	35,- Euro
--	------------	-----------

### FOOT REFLEXOLOGY MASSAGE

Organs, lymph and nervous system can be stimulated and positively influenced on our feet. It improves blood circulation, releases congestion and blockages and the energetic system is harmonized.

	ca. 25 min	37,- Euro
--	------------	-----------

### PARTIAL-BODY AND FOOT REFLEXOLOGY MASSAGE

A combination of 2 massage techniques ensures optimal relaxation.

	ca. 50 min	69,- Euro
--	------------	-----------

### LYMPH DRAINAGE

Gentle massage for the face and body with better drainage of tissue fluid. Optimal for blockages, heavy or overstrained legs, after operations and in case of nerve-related disorders.

	ca. 25 min	37,- Euro
--	------------	-----------

	ca. 50 min	71,- Euro
--	------------	-----------

# Health & healing

## NATURAL FANGO

Warm, moist volcanic mud that relaxes muscles and tendons.  
Especially recommended for back and joint pain.

NATURAL FANGO - warm (partial-body)	30,- Euro
NATURAL FANGO - warm (full-body)	36,- Euro
NATURAL FANGO - cold (partial-body)	30,- Euro

Excellent suited for inflammation or bruising on the knees or shoulders

EAR CANDLING TREATMENT	ca. 25 min	34,- Euro
------------------------	------------	-----------

As the candles, which are made out of beeswax, slowly burn, a negative pressure is created in the ear, which allows for pressure regulation and a feeling of release in the head, sinuses, and ear area. The pleasant warmth from the burning of the candle stimulates circulation and lymph flow.

ENERGY THERMAL BATH (RADON)	ca. 20 min	27,- Euro
-----------------------------	------------	-----------

The noble gas radon, which is contained in thermal water, is emitted from water and is absorbed into the body through the respiratory passages and the skin. Here it unfolds its healing effects before it completely breaks down after ca. 3 hours. The body's immune system is stimulated and the natural warmth promotes circulation and treats pain of the musculoskeletal system as well as the skin and respiratory passages.

(1st bath = introductory session, after that only with a physician's prescription)



## Wellness & health packages

### NATURAL POWERS

83,- Euro

- 1 x Partial-body fango treatment
- 1 x Classic back massage
- 1 x Energy thermal bath

### ALL-AROUND RELAXATION

92,- Euro

- 1 x Partial-body fango treatment
- 1 x Classic back massage
- 1 x Foot reflexology massage

### ALPINE TREAT

127,- Euro

- 1 x Full-body fango treatment (warm)
- 1 x Aromatic oil massage
- 1 x Ear candling treatment

### MASSAGE - PACKAGE

158,- Euro

- 5 x Classic back massage (ca. 25 min)

# The saltwater grotto.

A visit to the hotel's own saltwater grotto is recommended for everyone. The salt-containing air is beneficial for the skin and respiratory passages.



HEALTH IS OUR LIFE.



[www.johannesbad-hotels.com](http://www.johannesbad-hotels.com)

### **Johannesbad Hotel Palace**

Alexander-Moser-Allee 13 | 5630 Bad Hofgastein, Austria | Tel. +43 6432 6715-0 | Fax +43 6432 6715-67 | [info.palace@johannesbad.com](mailto:info.palace@johannesbad.com) | [www.palace-gastein.com](http://www.palace-gastein.com)

COSMETICS & BEAUTY: Tel. +43 6432 6715 - 540 | E-Mail: [beauty.palace@johannesbad.com](mailto:beauty.palace@johannesbad.com)

WELLNESS & HEALTH: Tel. +43 6432 6715 - 530 | E-Mail: [info.palace@johannesbad.com](mailto:info.palace@johannesbad.com)

A hotel of the Johannesbad group | [www.johannesbad.com](http://www.johannesbad.com)