



Beauty & Wellness

Time for beauty, well-being and health



Welcome

We offer you a „break“ from everyday life, which is a perfect harmony between body, mind and soul and thus enables a better quality of life.

Our treatments provide comprehensive care, health for the skin and emotional well-being.

Phytomer: unique care from the resources of the sea

The sea and its ingredients are easily recognized and absorbed by our skin. Phytomer is based on 50 years of experience and development of an efficient and environmentally conscious care series. Each treatment offers a sensual experience all around textures, fragrances and massages. You will experience a fusion of skin health, beauty and well-being.

Come with us on a new journey and take an active part in your change!

PHYTOMER

Type-appropriate advice and permanent support

As a gift for your loved ones or as care products to take home with you. We can also send you your products by mail. We will create an individual beauty program for you and we will be happy to advise you based on your particular skin type.

Appointment for cosmetics & beauty

Tel. +43 6432 6715-540 | beauty.palace@johannesbad.com

Appointment for wellness & health

Tel. +43 6432 6715-530 | info.palace@johannesbad.com



Treatments



Basics

are bookable for each treatment

Basics	Price
Eyelash Coloring	20,- €
Eyebrow Coloring	17,- €
Eyebrow Shaping	15,- €
Ampoule	16,- €

Facial Lymph drainage according to Dr. Vodder ca. 25 min 45,- €

Facial lymph drainage specifically stimulates lymphatic circulation in the face. This promotes the detoxification process. This causes swelling, blockages, and skin irritations to subside more quickly. It has a relaxing and firming effect and relieves stress.

Facial treatments with Phytomer care products

Hydra Blue

ca. 60 min 86,- €

Intensive moisturizing treatment

Highly efficient and intensely moisturizing products provide immediately visible results. This application combines a supply of moisture with intense relaxation. The skin will be strengthened, plumped up, and soothed.

ca. 90 min 122,- €

Citadine

ca. 60 min 86,- €

Detoxifying treatment for shiny skin & cloudy complexion

Shiny facial areas, a dull complexion, impurities can be easily removed with this treatment. The skin is clarified, detoxified and supplied with oxygen. For a clear, fresh, pore-refining complexion.

ca. 90 min 122,- €

Intention Jeunesse (Supreme) ca. 60 min 95,- €

Anti-aging care for wrinkle correction and tightening

It is the answer to the signs of time with extremely effective, marine ingredients for immediately visible results. Double anti-aging effect: fewer wrinkles and firmer skin. This treatment is characterized by its long-lasting effects.

ca. 90 min 133,- €

Our tip:

Perfect result in combination with the „perfect regard“

plus 34,- €

Oligoforce Lumière (Glow treatment)

ca. 90 min 133,- €

For the lightning of pigmented spots and wrinkle reduction

The treatment for transformation of the skin. The objective of this treatment is to combat all skin imperfections: reduction of pigmented spots, smoothing of wrinkles, and a radiant complexion. The comprehensive treatment smooths the skin and with a mechanical and chemical peeling, it optimally prepares it for the application of high-tech ingredients that will follow. With an innovative sheet mask, this treatment will make the skin look even and flawless so that it glows once again.

Perfect result in combination with the „perfect regard“

plus 34,- €

Apaisant – Douceur Marine

ca. 60 min 86,- €

Calming, comfort care for sensitive skin and rosacea

Special products that soothe, repair, and strengthen even the most sensitive, allergy-prone skin. With active ingredients such as marine spring water and coral concentrate, this treatment provides a calming sensation, decreases redness, and strengthens the blood vessels. Sensitive skin will be reduced and the skin's own immune function increased.

Perfect result in combination with the „perfect regard“

plus 34,- €





Facial treatments

Perfect Regards

ca. 25 min 45,- €

Eye treatment for a radiant look

This expert care for the eye area combines a targeted effect and absolute relaxation. This combination of modelage with smoothing care products delivers immediately visible results. Wrinkles around the eyes will be tightened, and crow's feet, dark circles under the eyes, as well as bags under the eyes will be decreased. This results in a radiant look and a fresh, rejuvenated appearance.

During a facial treatment

34,- €

Treatment to discover

ca. 25 min 48,- €

A thorough cleansing followed by a gentle exfoliation will prepare your skin optimally. Enjoy a relaxing facial massage and indulge in a final day care. Perfect to use our effective products and methods.

Hollywood Peeling

ca. 50 min 70,- €

Ideal for in between or before special events. First, a thorough cleansing and a gentle peeling with highly effective immediate effect. After removing skin impurities, you can enjoy a mask that is rounded off with a type-appropriate daily care.

Beautiful hands & feet



Treatment for the hands and feet

Treatments	Price
Manicure followed by nourishing hand bath	39,- €
Fingernail/Toenail Polish	11,- €
Pedicure with foot bath and care cream	51,- €

Alkaline: foot bath with peeling and care lotion ca. 30 min 41,- €

The secret of health and beauty through alkaline body care is based on centuries-old tradition and was already known in ancient Egypt. With a soothing alkaline foot bath, not only the body's natural acid and toxin elimination is supported, but it also promotes active cell protection and restores the body's alkaline balance.

Pedicure Deluxe ca. 80 min 74,- €

Pamper yourself with a foot care of the extra class: with peeling and massage. The treatment includes a foot bath, removal of the callus, trimming & shaping of nails, peeling and a soothing massage.

Depilation

Hair removal with warm wax	Price
Upper lip or chin	15,- €
Leg to knee	41,- €
Entire leg	60,- €
Underarm or bikini zone	25,- €
Back or chest	41,- €





Body treatments

Voile de Satin

ca. 25 min 39,- €

Full body peeling with sea salt

Relaxing full-body peeling with natural sea salt crystals. It removes dead skin cells, remineralizes the skin, and moistures the skin. For silky smooth skin on your whole body.

Cocon Marin Minceur

ca. 60 min 91,- €

Detoxifying slimming algae wrap

A long-lasting treatment for detoxifying, firming, and removing fluid. Full-body algae wrap with figure-enhancing, lipid-dissolving active ingredients from the sea to support the removal of toxins, the metabolism of fat and the strengthening of tissues.

Sculpt Zone

ca. 60 min 91,- €

Slimming cellulite treatment

A combined slimming and cellulite treatment with self-heating thermal reduction sea mud with an extremely intensive effect.

Relax Dos

ca. 30 min 47,- €

Relaxing back treatment

A treatment with self-heating sea mud combined with remineralizing and energizing effects. A moment of absolute relaxation.





Beauty & wellness packages

Completely beautiful

193,- €

- 1 x Pedicure
- 1 x Manicure
- 1 x Voile de Satin (body peeling)
- 1 x Facial treatment according to skin type (ca. 60 min)

Pampering time

213,- €

- 1 x Pedicure
- 1 x Manicure
- 1 x Hollywood Peeling
- 1 x Aromatic oil massage (ca. 50 min)

Bikinimania

280,- €

- 1 x Voile de Satin (body peeling)
- 3 x Sculpt Zone (Slimming cellulite treatment)
- 20% discount on care products for at home



Wellness & health massages

Hot Stone

The Hot Stone Therapy is a fascinating combination of massage, energy work and the soothing effect of warm stones. Through the use of natural lava stones, deep relaxation and promotes thorough warming of the muscles and skin. Consequently the whole organism is flooded with new vitality and energy. (incl. rest period)

Full Body	ca. 75 min	110,- €
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Classic partial-body massage

The full body or back massage is used to mechanically influence the skin, connective tissue and musculature by stretching, pulling and pressure.

Back	ca. 25 min	39,- €
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Full Body	ca. 50 min	72,- €
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Alpin Relax

ca. 25 min

44,- €

Soothing back massage with arnica oil

Aromatic oil massage

ca. 50 min

77,- €

Enjoy a relaxing and soothing full-body massage with ethereal benefits.

Shoulder & neck massage

ca. 25 min

39,- €

Soothing massage to relax the shoulder and neck muscles and release blockages. Also suitable for pregnant women.

Lymph drainage

Gentle massage for the body with better drainage of tissue fluid. Optimal for blockages and heavy or overstrained legs (for example after operations).

ca. 25 min

41,- €

ca. 50 min

77,- €



Foot and leg massage

ca. 25 min

44,- €

With soothing oil - makes tired legs fit again. The feet are the mirror of our body, so they should be treated with special attention. Experience a relaxing and refreshing massage and care for feet and legs.

Foot reflexology massage

ca. 25 min

41,- €

Foot reflexology is a targeted activation of the body's self-healing powers. The gentle stimulation of the corresponding reflex zones is intended to alleviate complaints.

Partial-body and foot reflexology massage

ca. 50 min

75,- €

A combination of two massage techniques ensures an optimal relaxation. The treatment is circulation-promoting, blockages in the whole body are loosened and complaints relieved.

Foot reflexology massage incl. alkaline foot bath & peeling

ca. 45 min

65,- €

With a beneficial alkaline foot bath and peeling, not only the body's own acidity and toxin removal is supported, but also active cell protection is promoted and the acid-base balance is brought back into line. The foot reflexology massage after is a targeted activation of self-healing powers through the gentle stimulation of the the corresponding reflex zones are to be alleviated.

Ear candling treatment ca. 25 min 38,- €

As the candles, which are made out of beeswax, slowly burn, a negative pressure is created in the ear, which allows for pressure regulation and a feeling of release in the head, sinuses, and ear area. The pleasant warmth from the burning of the candle stimulates circulation and lymph flow.

Energie thermal bath (Radon) ca. 20 min 29,- €

The noble gas radon, which is contained in thermal water, is emitted from water and is absorbed into the body through the respiratory passages and the skin. Here it unfolds its healing effects before it completely breaks down after ca. 3 hours. The body's immune system is stimulated and the natural warmth promotes circulation and treats pain of the musculoskeletal system as well as the skin and respiratory passages.

1st bath = introductory session, after that only with a physician's prescription

Cupping & classic massage ca. 25 min 41,- €

Blood circulation in the skin and muscles is stimulated and both superficial and deep muscle tension is relieved. Additionally, the body's energy flow and circulation are enhanced, which activates the self-healing powers. Overall, cupping has pain-relieving, detoxifying, relieving, antispasmodic, metabolism-boosting and anti-inflammatory effects.

Natural fango

Warm, moist volcanic mud that relaxes muscles and tendons. Especially recommended for back and joint pain. The cold treatment is excellently suited for inflammation or bruising on the knees or shoulders.

warm (partial-body) 33,- €

warm (full-body) 40,- €

cold (partial-body) 33,- €



The saltwater grotto

A visit to the hotel's own saltwater grotto is recommended for everyone. The salt-containing air is beneficial for the skin and respiratory passages.



Wellness & health packages

Natural powers

91,- €

- 1 x Partial-body fango treatment
- 1 x Classic back massage
- 1 x Energy thermal bath

All-around relaxation

102,- €

- 1 x Partial-body fango treatment
- 1 x Classic back massage
- 1 x Foot reflexology massage

Alpine treat

139,- €

- 1 x Full-body fango treatment (warm)
- 1 x Aromatic oil massage
- 1 x Ear candling treatment

Massage-Package small

175,- €

5 x Classic back massage (ca. 25 min)

Massage-Package

324,- €

5 x Classic full body massage (ca. 50 min)

HEALTH IS OUR LIFE.

Informations

We reserve the right not to perform treatments if the general health condition does not meet the requirements for the respective treatment. Appointments may be changed up to 24 hours prior to treatment. Otherwise the entire price will be charged. The treatment times include the change of clothes, so please arrive in your bathrobe if possible. In case of delay, the treatment time must be shortened accordingly.



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